


Rec Center Fitness Calendar

JANUARY 2012

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2 515p- PIYO	3 515p- Body Sculpt Zumba 615	4 515p- Turbo Kick	5 515p- Body Sculpt Zumba 615	6	7 830a- PIYO
8	9 515p- PIYO	10 515p- Body Sculpt Zumba 615	11 515p- Turbo Kick	12 515p- Body Sculpt Zumba 615	13	14 830a- PIYO
15	16 515p- PIYO	17 515p- Body Sculpt Zumba 615	18 515p- Turbo Kick	19 515p- Body Sculpt Zumba 615	20	21 830a- PIYO
22	23 515p- PIYO	24 515p- Body Sculpt Zumba 615	25 515p- Turbo Kick	26 515p- Body Sculpt Zumba 615	27	28 830a- PIYO
29	30 515p- PIYO	31 515p- Body Sculpt Zumba 615				

Please note the new times for classes. There have been a few adjustments made.

Our Instructors:
Lyla: HIT, PIYO, Turbo, Sculpt
Caitlin: Zumba

See ya in class!!

Need more info?

Smithville Recreation Center

512.237.3282 x7 / www.ci.smithville.tx.us

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